



North  
Tyneside  
Council



**FREE**

for children  
aged 1-7

# Stay and Play

Children can have fun in the soft play and take part in arts and crafts, while parents and carers get healthy eating and physical activity tips from our staff.

**The Lakeside Centre**  
Monday  
3.45-4.30pm

Children must be accompanied by an adult. Available in term time only. A valid easecard is required. Children and young people must behave in accordance with our Customer Charter.

[www.activenorthtyneside.org.uk](http://www.activenorthtyneside.org.uk) | 0191 643 7171



Active North Tyneside



@active\_NT