

Go Smarter sustainable travel newsletter May - July 2024

Sustainable Travel

Travel planning

74 of the borough's schools have been provided with mini-travel plans. These are two-page documents that can be shared, either electronically or as paper copies, to parents, staff, and visitors to the school.

Each plan includes a map of the area around school and details local bus services, bus stop locations, Metro stations and journey time from these, cycle and walking links, and any other useful information that could encourage sustainable travel.

**Stephenson Memorial Primary School
Travel Plan**

Aim
The aim of this document is to aid sustainable travel to Stephenson Memorial Primary School, therefore reducing traffic around the school. Active travel has several benefits including safer school journeys for all, improved mental and physical health, better local air quality, and helping to address climate change.

Location
Stephenson Memorial Primary School (NE28 0AG) is situated on Martin Road, Howdon, Wallsend. It is to the south of Tynemouth Road, with Howdon Lane just to the east, as shown in Map A. It is in the ward of Riverside.

Map A

Bus links
There are bus stops near to school on Howdon Lane where the Stagecoach 317 stops, running between Wallsend and Whitley Bay.

Nexus Live travel map can be used to plan your journey by public transport:
<https://livermap.nexus.org.uk/#/live/depotures>

gosmarter@northtyneside.gov.uk

Metro Links
Howdon is the closest Metro station, just across the road from school.

Cycling and Walking
Map B, below, shows the school site with 5-minute (red) and 10-minute (blue) walking zones.

Walking and cycling maps can be found on the Go Smarter Go Active site, direct link here:
<https://gosmartergoactive.co.uk/wp-content/uploads/2021/07/north-tyneside-20k-map.pdf>

North Tyneside Council employees can apply to the Cycle to Work scheme which is now provided by Vivup - <https://www.vivupbenefits.co.uk/>. Many other employers are also enrolled on similar schemes.

Map B

Park and Stride
If car use is essential, please consider parking further away from school (perhaps outside the circles on Map B) and actively travelling the last part of the journey. We respectfully ask that, for the safety of pupils, you do not park on the streets near school.

A 'School Street' operates outside school on Martin Road between the hours of 08:15-09:00am and 2:45-3:30pm. The area is a pedestrian and cycling only zone during those times and most motor vehicles are prevented from entering.

Thank you for helping to keep our pupils safe and healthy.

gosmarter@northtyneside.gov.uk

Example Go Smarter travel plan

These were emailed out, so please mention them in schools to make sure they have opened the email, or they can contact gosmarter@northtyneside.gov.uk to get another copy.

Working in partnership with schools

The Go Smarter team have been getting their active travel message across to pupils while supporting schools with their own agendas.

Classroom sessions were delivered, comprising of activities focussed on: different ways to travel for Reception and Key Stage 1; vehicle pollution for lower Key Stage 2; and identifying the positive effects of active travel for upper Key Stage 2.

This term, the following schools have been supported with these activities, contributing to their own events:

King Edward Primary School

A full day in school delivering 14 sessions, totalling 412 pupils, as part of the school's Healthy Living week.

Rockcliffe First School

A full day in school delivering 10 sessions, totalling 225 pupils, in advance of their Walk to School week, with the intention of encouraging children to participate in that.



Look out for the final instalment of NTC's travel advice in the lead-up to Walk to School Week, which begins on Monday. Geoff Crackett, of Go Smarter North Tyneside, visited classrooms on Tuesday to help children prepare for this year's event.

From Rockcliffe First School's newsletter

Star of the Sea RC Primary School

Half a day delivering slightly shortened sessions to 14 classes (339 pupils) to contribute to their Car-Free Day (also organised by Go Smarter).

Pedestrian training

3307 children from 18 schools have taken part in the child pedestrian training programme this term. The training is a mixture of classroom workshops, assemblies, and practical roadside lessons. The programme helps to improve children's judgements and behaviour in traffic and laying strong foundations for the future whilst encouraging children to walk, bike or scoot to school to reduce traffic on the school run. I would like to take this opportunity to thank all schools that have supported the programme. Over 12,000 children have taking part in pedestrian training since September.

South Wellfield First School



South Wellfield first Otters were very reflective during their pedestrian training. We discussed different types of crossings and how important it is to look as we have many electric vehicles on the road now that are difficult to hear. From Twitter/X

Hadrian Park Primary School



Thank you to Lynn @GoSmarter We really enjoyed your session on the green cross code Hadrian Park Reception. From twitter/X



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Whitley Lodge First School



A very interesting and informative session with Lynn learning about Safety. From twitter/X

Woodlawn School



Children from Woodlawn School across all year groups enjoyed road safety classroom sessions. Plus, year 5 to year 10 took part in practical independent outdoor sessions where we looked at the dangers around the school and choosing the safest places to cross the road.



Teachers' comments; Thank you very much for your hard work around road safety again this year! As always extremely informative and the children get so much out of it. I look forward to booking next year.

Star of the Sea RC Primary School

Y6 had a fabulous time at Safetyworks. We learnt lots about keeping ourselves safe when we're out and about! From twitter/X



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Summer of Cycling 2024: Level 2 Bikeability

The Summer of Cycling is back for 2024 and first things first, we have **17** Level 2 Bikeability sessions in the diary!

The perfect way to help children become more **confident** and as **safe** as possible when riding their bikes.

The summer months are the perfect time to get out and enjoy the great outdoors, exploring on two wheels.

Sessions will take place **9am-3pm** on:

- Monday 22 July 2024 from Waves, book [online](#)
- Tuesday 23 July 2024 from West Moor Community Centre, book [online](#)
- Wednesday 24 July 2024 from The Parks Sports Centre, book [online](#)
- Monday 29 July 2024 from The Parks Sports Centre, book [online](#)
- Tuesday 30 July 2024 from The Lakeside Centre, book [online](#)
- Wednesday 31 July from Richardson Dees Park, book [online](#)
- Monday 5 August 2024 from Hadrian Leisure Centre, book [online](#)
- Tuesday 6 August 2024 from The Parks Sports Centre, book [online](#)
- Wednesday 7 August 2024 from The Lakeside Centre, book [online](#)
- Monday 12 August 2024 from The Cedarwood Trust, book [online](#)
- Tuesday 13 August 2024 from Waves, book [online](#)
- Wednesday 14 August 2024 from The Oxford Centre, book [online](#)
- Monday 19 August 2024 from The Cedarwood Trust, book [online](#)
- Tuesday 20 August 2024 from West Moor Community Centre, book [online](#)
- Wednesday 21 August 2024 from Richardson Dees Park, book [online](#)
- Tuesday 27 August 2024 from John Willie Sams, book [online](#)
- Wednesday 28 August 2024 from The Parks Sports Centre, book [online](#)

Sessions **must be booked**. Spaces are limited and are available on a **first come first serve** basis. If you book a space for your child and they are no longer able to attend, **please cancel in advance** to allow the space to be allocated to another child.

Please use the link below to book.

<https://www.activenorthtyneside.org.uk/news/summer-of-cycling-2024-level-2-bikeability>

If your school would like to take part in any of the above activities, please email for further information.

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Bikeability: cycling@northtyneside.gov.uk

Go Smarter team wish you all a happy and safe summer!

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