

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

Cheese & Bean Lasagne



Margherita Pizza & Wedges



Lentil & Stuffing Pastry Roll



BBQ Quorn & Peppers with Rice



Vegetable Nuggets & Chips



Sticky Chinese Chicken & Vegetable Rice

Traditional Creamy Beef Lasagne



Roast Gammon & Gravy

Chicken in a Katsu Curry Sauce with Rice



MSC Approved Fish Fingers & Chips

Carrots & Peas



Broccoli



Roasted Potatoes, Carrots & Parsnips



Peas



Beans



Ham Cheese

Chicken Egg

Ham Cheese

Tuna Mayo
Ham
Cheese

Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Blueberry Cookie Bar



Chocolate & Banana Brownie



Strawberry Yoghurt & Strawberry Sauce



Apple & Cocoa Sponge



Raspberry Jelly



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat

