

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

Mixed Vegetable & Bean Fajita with Oven Baked Wedges



Vegetarian Chilli Nacho Bake with Rice



Roast Quorn Fillet With Roast Potatoes & Gravy



Baked Creamy Mac 'N' Cheese



Sausage Roll & Chips



Chicken & Spinach Pasta Bake



Mild Beef Chilli with Rice



Roast Chicken, Roast Potatoes & Gravy

Creamy Chicken Curry with Carrot Rice



MSC Approved Fish Fingers & Chips

Peas & Carrots



Sweetcorn



Broccoli & Peas



Carrot & Mixed Salad



Beans



Ham Cheese

Chicken Egg

Ham Cheese

Tuna Mayo Ham Cheese

Egg Cheese

VEGGIES



FILLED ROLLS



AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Strawberry Yogurt & Strawberry Sauce



Mixed Berry & Apple Crumble with Custard



Orange Jelly with Mandarins



Gingerbread Squares with Custard



Garden Brownie



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat

